

## Simply genius!

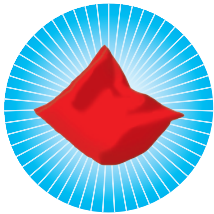
- > Our pillows offer **uniform distribution** of warmth and coolness.
- > They are made of **100% natural products**.
- > There is **no risk of burn or frostbite** of the skin. For this reason, these pillows are **excellent for children too**.
- > Their great **adaptability/flexibility** is maintained even when they are frozen.
- > These are **natural products**, simple and genius.
- > Our products are maintained **for many years**.

## Effect



**Use of heated pads:** Warm the pillow by placing it for 10 minutes in the oven at 100° or for 2–3 minutes in the microwave.

**It acts as a relaxant in the following cases:** Prolonged muscular convulsions > cervical pain > back pain > abdominal spasms > stress and anxiety > sleeping disorders > headaches > menstrual pain > sciatica and low back pain



**Use of frozen pads:** Place the pillow for 45 minutes in deep freeze.

**It acts as a relaxant in the following cases:** Migraines > varicose veins > insect bites > inflammations > contusions > ruptures of soft molecules/sprains > swellings and toothaches

## Availability

Our pillows are also available in the form of neck pillows, pillows for maintaining bottles cool, pillows in the form of animals, pillows for feet heating and a lot more. You can order them at the **on line shop, [www.kirschensteine.ch](http://www.kirschensteine.ch)** or call **Meyer Naturprodukte AG at 056 444 91 08**

## Advertising Gift – An idea for your Company

Offer these natural and useful pillows with your logo, as unique gifts to your clients. The pen era is over! > We guarantee their long lasting effect. **Call us. We will be pleased to advise you.**



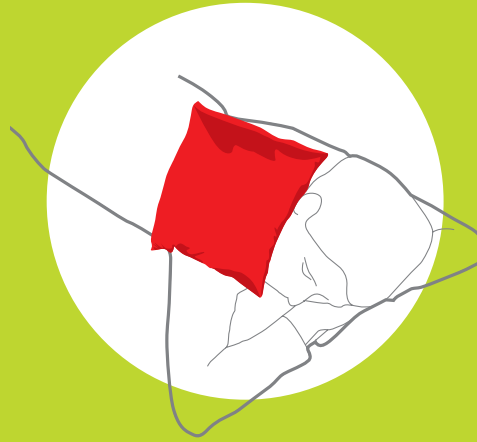
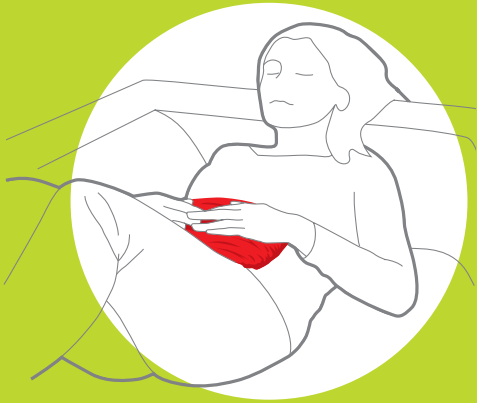
Meyer Naturprodukte AG > Mühle 18 > 5246 Scherz (Switzerland) > Tel. 056 444 91 08  
Fax 056 444 91 07 > [info@kirschensteine.ch](mailto:info@kirschensteine.ch) > [www.kirschensteine.ch](http://www.kirschensteine.ch)

# APPLICATIONS

Natural and simply genius – warm and cold pads!

Pillow with cherry grains

Pillow with grape grains



## Back pain

Area of treatment > Lumbar spine

Indications > Conditions of prolonged muscular convulsion, profound low back pain

Aim of treatment > Relaxation, relief from pain

Mode of use > Application of a heated pillow 1 to 3 times daily for 10 minutes in loose abdominal or dorsal position.

## Acute headaches

Area of treatment > Forehead

Indications > Strong headaches

Mode of use > Application of a frozen pillow on the forehead for 5 minutes, in a supine position. At the same time, the patient should stay in a loose position, in a cool and dark room, for 15 to 30 minutes. The process can be repeated many times. If headaches insist for more than an hour, further diagnostic and therapeutic measures should be taken.

## Abdominal spasms

Area of treatment > Abdominal area

Indications > Abdominal pain in the form of spasms, not associated with fever or vomiting.

Mode of use > Application of a heated pillow on the abdomen for 10 minutes, in a loose semi-seated position with pulled legs. Shorter period of treatment (5 minutes) is recommended for infants and children. The process can be repeated many times. In case of prolonged abdominal spasms, diarrhea, vomiting and fever, urgent medical assistance is recommended.

## Sprains and contusions

Area of treatment > Affected part of the body

Indications > Injuries such as sprains, contusions, ruptures of soft molecules in acute phase (0 to 3 days).

Aim of treatment > Relief from pain, reduction of the soft molecules' swelling.

Mode of use > Application of a frozen pillow for 10 minutes. Marked swellings should be treated with repeated applications. During treatment, the affected part of the body should be immobilized and placed in a higher position.

## Prolonged cervical muscular convulsions

Area of treatment > Neck and shoulder area

Indications > Conditions of prolonged muscular convulsions caused by over-fatigue or wrong posture.

Aim of treatment > Relaxation

Mode of use > Application of a heated pillow 1 to 3 times daily, for 10 minutes, in a loose and comfortable position.

## Important instructions

The pillows with cherry and grape grains are purely natural products! If they are not maintained correctly they may be infected by microbes.

> Keep the pillows in a cool and dry place. Clean them from time to time by heating them for 3 minutes in microwaves or for 15 minutes in a pre-heated oven at 100°.

Our pillows are also available in the form of neck pillows, pillows for maintaining bottles cool, pillows in the form of animals, pillows for feet heating and a lot more.